



*A healthy home is the very first step to success.*

**Now, your school is proud to offer the Student and Family Assistance Program.**

## How we can help

### **1. Professional Guidance**

Connects you with a counselor who will listen and provide support and guidance, including face-to-face or virtual counseling sessions.

### **2. The resources you need**

Guidance to community resources that best address your situation.

### **3. The best next step**

Insurance or community-based referrals if your situation requires further treatment or resources.

*Call*

**833-935-3816**

*Connect. Improve. Achieve.*

*Visit*

**[bpahealth.com/sfap](https://bpahealth.com/sfap)**