

# Idaho Vouchered Respite Care Program Training

Provided by the Idaho Dept. of Health and  
Welfare in partnership with BPA Health



# Learning Objective 2: Important Considerations and Approach



# Learning Objectives:

- What to know before you start
- Approach to care
- Ethical considerations

# Important Considerations

- Understanding and respecting family culture
- Be aware of traditions and religious beliefs
  - Familiarize self with diet and activity restrictions
  - Respect and honor the culture of each family

## Important Considerations Continued:

### Identifying individual needs

- Gather information on what the family is hoping to gain from respite care
- Identify any specialized need the child has that will need to be monitored while providing care
  - Communication barriers
  - Toileting needs
  - Harmful behaviors like running away or self harm

# Approach

## Strengths-based approach

- Concentrate on the strengths of the family and child
- Identify the activities the child enjoys and does well

# Ethical Considerations

- Maintain confidentiality about the child and family
- Ensure rules of mandated reporting are followed in cases of abuse or neglect
- Have open and honest conversations with the family regarding scheduling, and any concerns that might pose a conflict
- If you need to cancel or reschedule, notify the family well in advance (at least 24 hours)
- Do not accept gifts or tips from the family
- Be professional, compassionate, and engaging with the child and family

# Thank you!



8050 W. Rifleman St., Ste. 100, Boise, ID 83704  
866-617-3126  
bpahealth.com