Date:
November 10, 2026
(12:00 pm – 1:00 pm MT)

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WEBINAR

Understanding Cultural Competency: Concepts, Practices, and CLAS Standards

Cultural competence supports ethical, effective mental health care by strengthening therapeutic relationships, addressing disparities, and helping clients thrive. It involves understanding and respecting diverse cultural backgrounds, recognizing your own worldview, and developing cross-cultural knowledge and communication skills.

LEARNING OBJECTIVES

- Define key concepts related to cultural understanding.
- Identify the core components of cultural competency.
- Describe the standards of Culturally and Linguistically Appropriate Services (CLAS).

PRESENTER INFO

Lianna Erickson-Trembath, LCPC, AADC, CHMT

Lianna Erickson-Trembath has over 17 years of experience in mental health and addiction fields . A past president of the Idaho Counseling Association, she owns North Country Wellness in Boise and helps people reach their potential through counseling and training.